- (1) Authorized for the individual by a physician in accordance with a plan of treatment or (at the option of the State) otherwise authorized for the individual in accordance with a service plan approved by the State;
- (2) Provided by an individual who is qualified to provide such services and who is not a member of the individual's family; and
- (3) Furnished in a home, and at the State's option, in another location.
- (b) For purposes of this section, family member means a legally responsible relative.

[42 FR 47902, Sept. 11, 1997]

§ 440.168 Primary care case management services.

- (a) Primary care case management services means case management related services that—
- (1) Include location, coordination, and monitoring of primary health care services; and
- (2) Are provided under a contract between the State and either of the following:
- (i) A PCCM who is a physician or may, at State option, be a physician assistant, nurse practitioner, or certified nurse-midwife.
- (ii) A physician group practice, or an entity that employs or arranges with physicians to furnish the services.
- (b) Primary care case management services may be offered by the State—
- (1) As a voluntary option under the State plan; or
- (2) On a mandatory basis under section 1932 (a)(1) of the Act or under section 1915(b) or section 1115 waiver authority.

 $[67~{\rm FR}~41115,\,{\rm June}~14,\,2002]$

§ 440.169 Case management services.

- (a) Case management services means services furnished to assist individuals, eligible under the State plan who reside in a community setting or are transitioning to a community setting, in gaining access to needed medical, social, educational, and other services, in accordance with §441.18 of this chapter.
- (b) Targeted case management services means case management services furnished without regard to the require-

ments of §431.50(b) of this chapter (related to statewide provision of services) and §440.240 (related to comparability). Targeted case management services may be offered to individuals in any defined location of the State or to individuals within targeted groups specified in the State plan.

- (c) [Reserved]
- (d) The assistance that case managers provide in assisting eligible individuals obtain services includes—
- (1) Comprehensive assessment and periodic reassessment of individual needs, to determine the need for any medical, educational, social, or other services. These assessment activities include the following:
 - (i) Taking client history.
- (ii) Identifying the needs of the individual, and completing related documentation.
- (iii) Gathering information from other sources, such as family members, medical providers, social workers, and educators (if necessary) to form a complete assessment of the eligible individual.
- (2) Development (and periodic revision) of a specific care plan based on the information collected through the assessment, that includes the following:
- (i) Specifies the goals and actions to address the medical, social, educational, and other services needed by the eligible individual.
- (ii) Includes activities such as ensuring the active participation of the eligible individual and working with the individual (or the individual's authorized health care decision maker) and others to develop those goals.
- (iii) Identifies a course of action to respond to the assessed needs of the eligible individual.
- (3) Referral and related activities (such as scheduling appointments for the individual) to help the eligible individual obtain needed services, including activities that help link the individual with medical, social, and educational providers or other programs and services that are capable of providing needed services to address identified needs and achieve goals specified in the care plan.
- (4) Monitoring and follow-up activities, including activities and contacts